

NAME: _____

ID: _____

Admission Date: _____

**BACHELOR OF HUMAN KINETICS AND RECREATION COOPERATIVE – Optional
Health Promotion Pathway: Audit**

	Course	Completed/ Grade	Current	Scheduled
Required Non-HKR courses (33 credit hours): 21 required credit hours 12 pathway credit hours	Biology 2040			
	English 1090			
	English or CRW equivalent			
	Psychology 1000			
	Psychology 1001			
	Sociology 1000			
	Statistics 2550			
	Biology 2041			
	Psychology (2000 level)			
	Quantitative Reasoning Course			
	Sociology (2000 level)			
Required HKR courses (42 credit hours)	HKR 2000			
	HKR 2300			
	HKR 2310			
	HKR 2320			
	HKR 2500			
	HKR 3330			
	HKR 3340			
	HKR 3400			
	HKR 3410			
	HKR 3555			
	HKR 3910			
	HKR 3920			
	One of HKR 4410, 4420, 4575, 4685			
HKR 4600				
Complementary Study courses (45 elective credit hours): - 15 credit hours from non-HKR courses (max. 9 credit hours at 1000 level); - 27 credit hours from HKR complementary study courses (max. 12 credit hours at the 2000 level and min. 3 credit hours at the 4000 level; - 3 additional credit hours in either a non-HKR complementary study course at the 2000 level or above or an HKR complementary study course at the 3000 level or above	Non-HKR			
	Non-HKR			
	Non-HKR			
	Non-HKR (2000 level or above)			
	Non-HKR (2000 level or above)			
	HKR 2505			
	HKR 2515			
	HKR 2585			
	HKR 3535			
	HKR 3575			
	HKR 4485			
	HKR (2000 level or above)			
	HKR (3000 level or above)			
HKR (3000 level or above)				
HKR (2000 level or above) or non-HKR (3000 level or above)				
Cooperative Education courses (no credit hours)	HKR 1123			
	HKR 299W			
	HKR 399W			
	HKR 499W			

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Program Notes

A Human Kinetics and Recreation (Co-operative) degree is designed to prepare graduates for careers in a variety of health-related professions, including, but not limited to, health promotion, kinesiology, community and therapeutic recreation, fitness, health and wellness, and lifestyle professions. The BHKR (Co-operative) shall normally be completed on a full-time basis and includes 120 credit hours and 3 work terms.

The 120 credit hours required for a Bachelor of Human Kinetics and Recreation (Co-operative) Degree are:

- 21 required non-HKR credit hours including English 1090 or 1000; 3 credit hours in a CRW- designated course <http://www.mun.ca/regoff/calendar/sectionNo=ARTS-0109#ARTS-8194>; Psychology 1000 and 1001; Sociology 1000; Biology 2040; and Statistics 2550 or equivalent;
- An additional 12 credit hours chosen based on the selected optional pathway. For students interested in pursuing a health promotion pathway, 3 credit hours in Sociology at the 2000 level; 3 credit hours in non-restricted Psychology at the 2000 level; Biology 2041; and 3 credit hours in quantitative reasoning, chosen from the following list: <http://www.mun.ca/regoff/calendar/sectionNo=ARTS-0109#ARTS-8198> are required;
- 42 credit hours in HKR courses: 2000, 2300, 2310, 2320, 2500, 3330, 3340, 3400, 3410, 3555, 3910, 3920, one of 4410/4420/4575/4685, 4600; and,
- 45 additional credit hours which must include the following: a minimum of 15 credit hours from non-HKR complementary study courses of which no more than 9 credit hours can be at the 1000 level; a minimum of 27 credit hours from HKR complementary study courses of which no more than 9 credit hours can be at the 2000 level and a minimum of 3 credit hours must be at the 4000 level. Students interested in pursuing an optional health promotion pathway shall normally complete the following: HKR 2505, 2515, 2585, 3535, 3575, 4485.
- Required non-credit HKR 1123 and three work terms HKR 299W, 399W, 499W.

Students admitted part time should consult with the School's Academic Program Officer regarding course sequence.

Students pursuing Honours are required to complete HKR 4605 and HKR 4610 among the HKR credit hours and should consult the University Calendar for Honours requirements.

Student Signature: _____

Academic Program Officer Signature: _____

Date: _____